



MARCH 2020 COSMIC
CALENDAR

△ SUNITA ▽

Your intuitive guide to Cosmic happenings in March

MARCH 2020

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Mercury
Retrograde Ends



KEY



10 March Super Moon in Virgo



10 March Mercury Retrograde Ends



24 March New Moon in Aries

BOOK YOUR READING TO FIND
OUT HOW THIS RELATES TO
YOU

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COSMIC UPDATE

What's happening in March? Thankfully Mercury is going forward YESS! I for one am excited having experienced a huge amount of technical issues myself because of my Bali retreat and the need to send out information constantly and be in touch with so many people all over the world.

March 10th sees the planet move forward, coinciding with our first Super Full Moon in Virgo on the same day. A little bit of supercharge happening right there! Some potent energies to help you gather up yourself and prepare releasing and letting go.

So last month I talked about the Mercury and his significance in the Underworld. So, what did this period bring up for you?

What resolved issues and old wounds did it bring up?

Which old patterns did you replay that you thought you had healed?

Who came back from the past?

Who did you get in touch with from your past? And why?

What were the emotions that came up a lot during the retrograde period: anger, frustration, sadness...?

How to address this:

- Look at these as unhealed areas that are coming up for you to heal and have closure in.
- They will repeat until you do this.
- Tidy up those loose ends you haven't gotten around to doing?
- Do some work on yourself (my Coaching for the Modern Day Soul is starting soon too)

What does the Super Moon in Virgo mean? Virgo is the perfectionist who wants to control everything. He is critical and analytical and nit-picky.

Remember we cannot control everything.

The energy is about looking at:

- where does this show up in my life?
- where can I let go of the need to control (it's a shadow value)
- where do I feel unsafe in my life?
- where are my trust issues showing up?

The Sun enters **Aries** on Friday 20th March, influencing our activeness and physical energy as well as anger and frustration as it's a Fire element. Remember the Sun represents our masculine and the Father. It symbolizes our humanness, ego and drivers in life. When the Sun enters a sign, it amplifies its energy.

The **New Moon** appears on Tuesday 24th March in Aries. Remember this is our opportunity to manifest a new beginning with new intentions. Numerologically, March is a **3 vibration**, interestingly the number of communication, creativity, joy and inspiration. So, with Mercury moving forward this energy is amplified.

Just a note: communication also means you speaking up, speaking your truth and from your power. So, if you are one of those people who find it hard to say what you feel now is the time. With Aries hanging around in the month be mindful it isn't with anger and you don't speak in anger and say things you will regret. Learn to release in a more healing and gentle way.

With 2020 being the Master Number 22/4, the vibration of the Master Builder. This higher spiritual vibration is asking us to bring in the energy of self-mastery and building a stable foundation for this year and decade.

KEY POINTS:

- Reflect on what came up for you in the past 3 weeks
- Don't the stuff that came up as it will resurface
- Speak up and speak your truth
- Do some personal development work on those patterns that repeated – I will be starting my next Coaching for the Modern Day Soul program soon so watch this space!